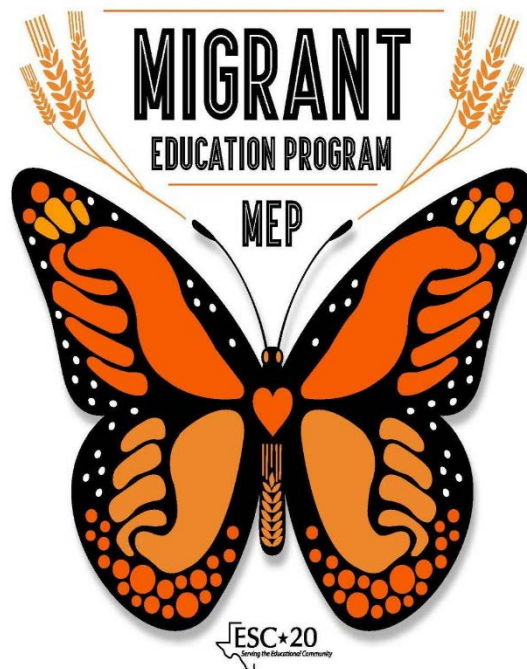


Resource Guide for Families



Adult Education and Literacy
Education Service Center, Region 20



Guia de recursos para familias

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The Agape Ministry (210) 590-6655

Emergency assistance in the form of food, clothing and some utility assistance to individuals and their families. Must reside in the following ZIP codes: 78154, 78209, 78217, 78218, 78219, 78233, 78239, 78244 or 78247. Please call for more information.

**Alamo Area Council of Governments (AACOG)/Alamo Regional Transit (ART)
(210) 362-5200**

Provides direct public transportation services for residents of Alamo area rural counties. Door-to-door service available for those needing mobility assistance. ART also provides scheduled & flex route service in selected cities & locations. Medical, Youth (after-school, including to day-care), seniors, adult day care, & general public.

Alias: Alamo Regional Transit, ART

Hours: Mon-Fri, 7a-6p; closed weekends

Area(s) Served: Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina, Wilson

Fees: 1-way: \$2 in town; \$6 in county; \$8 out of county

Application Process: Phone

Eligibility Requirements: Please inform if handicapped accessible vehicle is needed

Application Wait: call 24 hours in advance to make reservations

Al-Anon & Alateen Information Services (210) 829-1392

Meeting times vary weekly. Please call for more information. Addiction treatment services and support groups.

5239 La Posita Street, San Antonio, TX 78233

www.san-antonio-alanon.org

Al-Anon Family Support Groups (210) 342-3063

Meeting times vary weekly. Please call for more information. Addiction treatment services and support groups.

102 Thames Drive, San Antonio, TX 78216

www.san-antonio-alanon.org

Any Baby Can of San Antonio, Inc. (210) 227-0170

Comprehensive wrap-around services to families who have a child with a special health care need, chronic or critical illness or developmental disability from birth through 17 years of age. Families must reside in Bexar or the surrounding 18 counties. All services are free of charge, regardless of the family's income. Services include case management, counseling (including grief), prescription assistance (this program is for any age individual who is uninsured or underinsured), health & wellness, sibling support, & financial assistance for basic needs such as shelter & food as well as medical equipment & supplies.

Hours: Mon-Fri, 8a-5p

Area(s) Served: Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Kendall, Kerr, Medina, Wilson

Target Group: families with children birth-17 years of age with chronic or critical illness, special health care needs, or developmental disabilities

Fees: all services are free of charge

Application Process: call, fax, or submit referral form from website

Eligibility Requirements: diagnosis as mentioned above or suspected diagnosis

Accepted Payment: none

Atascosa Family Crisis Center Inc. (830) 569-2001

A safe place for victims of domestic violence and sexual assault. 24-hour crisis hotline, transportation, meals & emergency fund, legal & personal advocacy; offers licensed peer & group support counseling (with childcare provided), safety planning, transportation, food, & emergency shelter. Everything is held confidential. Provides counseling & other non-resident service for any victim of family/dating violence, sexual assault &/or stalking.

Area(s) Served: Atascosa

Fees: none

ATASCOSA HEALTH CENTER, INC

Lytle Community Health Center
15033 Main St, Ste 104
Lytle, TX 78052
(830) 772-9865

Wilson Community Health Center
540 10th St, Ste 140
Floresville, TX 78114
(830) 939-9390

Atascosa Health Center
310 W Oaklawn
Pleasanton, TX 78064 **(830) 569-2527**

Attorney General of Texas/Child Support Division (210) 930-1091

The Child Support Division of the Office of the Attorney General helps get child support and medical support for dependent children. Provides information 24 hours a day on child support establishment & enforcement services provided by the Office of the Attorney General of Texas; also assists in establishing paternity.

Area(s) Served: Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina, Wilson

Battered Women and Children’s Shelter (210) 733-8810 / 24 Hour

Hours: Day and evening hours available.

Services: 24 hour crisis line, comprehensive case management, individual and group counseling, battered intervention program, educational workshops, parenting workshops, primary medical care, legal support groups (English and Spanish), emergency food and clothing, transitional housing (limited), substance abuse intervention program.

Eligibility/Fees: Please call for more information.

Bexar County Department of Community Resources (210) 335-3666

Services: The Direct Client Services Division receives funding from the State to offer financial assistance to eligible County residents for electric and natural gas bills. This assistance is designed to prevent utility disconnection and to assist households in becoming self-sufficient.

Eligibility/Fees: Assistance is provided to low income households that meet one of the following priority groups: 60 years of age and older; disabled; or children under 5 years of age in the home. Applications are only accepted when funds are available. Persons needing utility assistance should first contact Direct Client Services directly to determine if funding is available and whether there are any additional requirements for assistance. Please visit the website for more information.

BEXAR COUNTY HOSPITAL DISTRICT DBA UNIVERSITY HEALTH SYSTEM

University Health System – Zarzamora
4503 S Zarzamora
San Antonio, TX 78211
(210) 358-8255

University Health System - Old Highway 90
911 Old Hwy 90
San Antonio, TX 78237
(210) 358-8255

University Health System - South Flores
7902 S Flores St
San Antonio, TX 78212
(210) 358-8255

University Health System - Salinas Clinic
630 S General McMullen
San Antonio, TX 78237
(210) 358-8255

University Health System – Healthy U Express/Family Health
903 W Martin
San Antonio, TX 78207
(210) 358-8255

University Health System - Northwest
7726 Louis Pasteur
San Antonio, TX 78229
(210) 358-8820

University Health System - Eastside Branch
210 N Rio Grande
San Antonio, TX 78202
(210) 358-8255

University Health System - Kenwood Clinic
302 Dora
San Antonio, TX 78212
(210) 358-8255

Camino Real Community Services (CRCS) (210) 357-0300

CRCS is the designated Mental Health Authority & the Authority for Intellectual & Developmental Disabilities. As the authority, it has the responsibility for eligibility determination, coordinating care, & managing a network of providers of direct services.

- Also a provider of services & supports to persons with mental illness, intellectual disabilities, & developmental delays who meet eligibility criteria as determined by funding sources.
- Is responsible for Early Childhood Intervention (ECI) services for children ages birth to 3 with developmental disabilities in: Atascosa, Frio, Guadalupe, & Wilson Counties.
- Provides comprehensive services to persons with psychiatric needs, individuals with intellectual or developmental disabilities & infants/toddlers with developmental delays & disabilities.

Mental Health Services: assessment, case management, crisis services, supported employment, supported housing, children & adolescent mental health services. Intellectual & Developmental Disability Services: Local Authority Services (intake, assessment, service coordination, enrollments, HCS Providers); Camino Real Provider Services (employment, community supports & respite, day habilitation, nursing, Medicaid Waiver Service)

Early Childhood Intervention (ECI): for children ages 0-3 who have a disability or developmental delay (Karnes County not included here)

Hours: Mon-Fri, 8a-5p

Area(s) Served: Atascosa, Frio, Karnes, Wilson

Fees: Medicaid, Medicare, private insurance and private pay (monthly ability to pay fee schedule)

Eligibility Requirements: any age; having diagnosis of mental retardation, autism, developmental disorder or related condition

Catholic Charities (210) 222-1294

Services: Utility assistance, rental assistance, adolescent parenting programs, parenting and family classes, emergency services for hurricane evacuees, counseling for adults, teens and children, and senior community services.

Eligibility/Fees: Must meet certain age limits and other requirements for utility assistance. To receive rental assistance a client can be any age; however, he/she must provide proof of income and proof that they will be able to pay the rent. Please call for all eligibility requirements.

Catholic Charities/ Counseling & Consultation Center (CCAOSA) 210-222-1294

Offers individual, couples, & family counseling, as well as spiritual direction. Support groups. The Brazos Extendidos Counseling Program is a site-based counseling program that extends the counseling services into rural areas throughout the Archdiocese of San Antonio's 19 counties.

Alias: Brazos Extendidos

Hours: Monday, Wednesday, Friday, 9a-5p; Tuesday, Thursday: 11a-5p

Area(s) Served: Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Medina, Wilson

Fees: Sliding scale fees; most insurances accepted

Application Process: By telephone

Center for Health Care Services (CHCS)/Main Office 210-223-7233 or 1 800-316-9241

Improves the lives of people with mental health, developmental disability and substance abuse challenges.

If you have an urgent need to speak to a mental health professional to access services please call the 24 Hour Crisis Helpline at 210-223-7233 or 1 800-316-9241.

Area(s) Served: Atascosa, Bandera, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina, Wilson, Bexar

CentroMed 210-928-9600

Hours: Monday, Tuesday, Thursday and Friday 8 a.m.-5 p.m.; Wednesday 8 a.m.-7 p.m. The Clinic opens at 1 p.m. on the first Wednesday of each month.

Services: Primary medical care, medical case management, medical nutrition therapy, and pharmaceutical assistance.

Eligibility/Fees: Accepts Medicaid, Medicare, CHIP and several major insurance plans. Services may be available on a sliding scale. Serves Ryan White eligible patients. Ryan White must be the payer of last resort.

315 N. San Saba St. Suite 103 San Antonio, TX 78207 www.centromedsa.com

EL CENTRO DEL BARRIO INC dba CentroMed

CentroMed Maria Castro Flores Clinic
7315 S Loop 1604 West
Somerset, TX 78069
(210) 922-7000

CentroMed Palo Alto Clinic
9011 Poteet Jourdanton Rd
San Antonio, TX 78224

CentroMed South Park Dental Clinic
910 Wagner
San Antonio, TX 78221

CentroMed South Park Medical Clinic
6315 S Zarzamora
San Antonio, TX 78211

CentroMed City-Base Clinic
3127 SE Military Dr
San Antonio, TX 78223

CentroMed Naomi Galvan Eling Clinic
5542 Walzem Rd
San Antonio, TX 78218
(210) 922-7000

CentroMed House of Hope Dental Clinic
256 S Kruger Ave
New Braunfels, TX 78130
(210) 922-7000

CentroMed Southside Medical Clinic
3750 Commercial Ave
San Antonio, TX 78221
(210) 922-7000

City of San Antonio (COSA)/Department of Human Services/Child Care Services
1-800-204-7905

The Child Care Services division of the City of San Antonio partners with Alamo Area Development Corporation (AADC) to provide child care, child care subsidies, & provider management services for Bexar County and 11 surrounding areas including: Atascosa, Bandera, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, Wilson. May be a wait period. Homeless Child Care Services & Emergency Child Care Services: 210-206-5550. Emergency services are for parents or caregivers at risk of losing permanent housing, are victims of domestic violence, or suddenly become a guardian of a child due to death, abandonment, or incarceration of parents. * If you reside in one of the Alamo Region's eleven rural counties, contact the Alamo Area Development Corporation at 1-800-204-7905. You may also inquire about subsidized childcare at any one of our Workforce Solutions Alamo Career Centers.

Alias: children/parents

Area(s) Served: Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina, Wilson

Community Council of South Central Texas (CCSCT)/ATASCOSA (Pleasanton)
(CEAP) (830) 303-4376

Assists low-income individuals to become self-sufficient by providing food, utility assistance, heating & cooling repairs, and information & referrals. Financial assistance is not available for deposits, reconnect fees, or late fees. Administers CEAP program. (Comprehensive Energy Assistance Program)

Hours: Mon-Fri, 8a-5p

Area(s) Served: Atascosa, McMullen

Fees: No fees

Application Process: Provide proof of income, most recent bill, ID card & SS card

Eligibility Requirements: income under 125% of FPL; must provide proof of income; US & County resident

Community Counseling Service of Our Lady of the Lake (OLLU) (210) 434-1054

Offers counseling services on a walk-in basis between the hours of 9:00 a.m. and 5:00 p.m. No appointment is necessary. A training facility for master & doctorate level students, supervised by psychologists, who perform the following counseling services: marriage & family, individual, biofeedback, anger management, family, abuse & violence.

Hours: Mon-Thurs, 8a- 8p; Friday, 8:30a-3:30p; Saturday 9a-3p

Area(s) Served: Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina, Wilson

Fees: Sliding scale

Application Process: Client walks ins or does intake over the phone

Eligibility Requirements: No requirements; only accept Medicaid insurance call for appointment

Communities in Schools of San Antonio/Stay in School Program (210) 520-8440

Provides resources and services to students and their families by CIS Site Coordinators to help them overcome obstacles to personal & academic success. Program components include counseling and supportive guidance; health and human service referrals; parent & family involvement; educational enhancement; enrichment activities; career awareness and pre-employment services. CIS serves the following school districts: Edgewood, Harlandale, North East, Northside, San Antonio, South San Antonio, Southwest, Dilley, Pearsall, Somerset, & Bexar.

Hours: Mon-Fri, 8a-5p

Area(s) Served: Bexar

Fees: No fees

Application Process: By referral.

Eligibility Requirements: Every student, and his/her family, at a CIS-supported school is eligible for services.

Connections Individual & Family Services/New Braunfels/Services to At-Risk Youth (STAR) (830) 629-65711414 W San Antonio St, New Braunfels, TX 78130

The primary goal and highest priority of the STAR program is family preservation and family reunification. Provides outreach, screening/intake, crisis intervention, case planning, nonresidential services, emergency residential care or shelter, short term counseling, skills based training, referral and follow-up services.

Hours: Mon-Fri, 8a- 5p (or as needed)

Area(s) Served: Comal, Guadalupe, Wilson, Karnes, Atascosa, and Frio

Fees: No fees

Eligibility Requirements: Ages 0-17 who are runaway, truant, in family conflict, or delinquent youth who have not been formally adjudicated

Connections Individual & Family Services/New Braunfels/Emergency Youth Shelter (830) 629-6571

Provides emergency shelter for runaway, homeless youth ages 5-17. Youth receive basic care, counseling, and education while in a safe environment. Average length of stay is 7-30 days.

Hours: Always available

Area(s) Served: Comal, Guadalupe, Wilson, Karnes, Atascosa, Frio

Fees: No fees

Application Process: Schedule of walk-ins for intervention and screening

Eligibility Requirements: Ages 5-17, runaway, homeless, in need of family conflict respite, if non-adjudicated

George Gervin Academy / Youth Center (210) 299-4379

Four major programs: 1) BASIC CENTER: Provides a safe & structured environment for homeless, runaway, and/or pregnant youth between the ages of 13 and 17. Provides 24-hour, short-term residential care. The Basic Center Program is licensed by the Texas Department of Protective and Regulatory Services, as a Therapeutic Foster Family Home. 2) ACADEMY: charter school with particular focus on recognizing the needs of at-risk youth in resolving critical issues surrounding family relationships, school achievement, social attitude, employment, teen pregnancy, substance abuse, drug trafficking, teen suicide, school/neighborhood & gang violence, self-esteem & homelessness. 3) TECHNOLOGY CENTER: accelerated high school with atmosphere conducive to learning for non-traditional students. 4) TRANSITIONAL LIVING: transitional housing (maximum 24 mos.) for young adults needing help in becoming self-sufficient. Community connections, life skills, education, employment & housing. (Location: Yucca Garden Apartments, 511 Yucca, San Antonio, TX 78220)

Area(s) Served: Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina, Wilson

Target Group: At-risk youth

Fees: No fees **Application Process:** Self or agency referrals

Eligibility Requirements: For runaway and/or pregnant youth ages 13 and 17

Goodwill Industries of San Antonio/Goodwill Job Help Center - Austin Hwy. 1-800-483-9455

Offers a series of core services to help prepare people with disabilities and other barriers for employment. Services are free to the general public and include assistance with writing a resume, online job search, employment bulletin boards, GED preparation, community referrals and use of general office equipment. Intensive services for individuals with disabilities and/or barriers to employment are also available using a "prepare, place and retrain" model. Within this model, services such as: case management, transitional employment, assessment services, and job readiness training are available. Goodwill also offers job placement services once a participant has gained the necessary skills for employment then has the capacity to provide follow up services (i.e. job coaching, employer support) once employed.

Hours: Mon-Fri, 8a–5p

Area(s) Served: Bexar

Fees: Fees for Intensive Services are negotiated with sponsoring agencies; many of the general Job Help Center services are free

Application Process: (Intensive Services) Referral to Goodwill Workforce Development Manager for confirmation of eligibility and need for service, interview with participant to establish goals and complete intake process

Eligibility Requirements: Any person 18 years or older who has a physical, mental, psychological disability, and/or other barrier to employment (i.e. ex-offender, welfare to work), the individual can benefit from the services rendered, is not considered a threat to self or others

Guadalupe Regional Medical Center 830-379-2411 Toll Free 800-506-6394

Services: Comprehensive medical care

Eligibility/Fees: Serving Guadalupe County. Accepts all indemnity healthcare insurance plans (plans that do not require the use of a participating provider network), traditional Medicare and Medicare supplemental plans, traditional Medicaid plans, all insurance required for true emergency care, and traditional worker's compensation coverage. Clinic also serves individuals without insurance. Individuals who may qualify for charity or indigent care services should call 830-210-7217 for more information. Please call for more information.

1215 E. Court St. Seguin, TX 78155 www.grmedcenter.com

Guadalupe Valley Family Violence Shelter 830-372-2781/800-834-2033

Services: Shelter that can house up to 8 women and 20 children. GVFVS does not provide shelter for males; however, referrals will be provided to other programs that have co-ed living arrangements. GVFVS also has a non-residential program for victims and their children: both male and female clients and a 24/7 crisis hotline. Staff members are available 24 hours a day, seven days a week.

Eligibility/Fees: Services are for victims of crimes of domestic violence and sexual assault. Serves Guadalupe, Gonzales, Karnes and Wilson counties.

Habitat for Humanity 210-223-5203

Services: Affordable housing services

Eligibility/Fees: Families whose total income is generally 25-60% of the area median income may be eligible. Families are accepted to the Habitat program based on their need, ability to pay a 0% interest mortgage and their willingness to partner with Habitat during the construction of their home. Applicants must be residents of the County in which they are applying. Once accepted, homeowners are eligible to buy a house from Habitat at no profit. They will purchase the house with a 20-25 year mortgage. Average monthly payments are 325.00-425.00. Please call for more information

311 Probandt St San Antonio, TX 78204 www.habitatsa.org

La Mision Family Health 210-626-0600

Services: Affordable dental care including dental exams, x-rays, fillings, root canals, extractions, dental hygiene.

Eligibility/Fees: Accepts Medicaid. Sliding fee scale may be available. Please call for all eligibility requirements and fees.

Madonna Neighborhood Center 210-432-2374

Services: provides comprehensive services for children, families and the elderly with special focus on the socially and economically disadvantaged. Services include day care programs, extended care at Gardendale Elementary, after school programs, summer recreation programs, Saturday morning programs, evening meals, senior services, emergency assistance, counseling services, thrift shop and recreational programs (sports, art, gardening, etc.)

Eligibility/Fees: Serves low income children, families and senior citizens on the far west side of San Antonio. Please call for all eligibility information
1906 Castroville Rd. San Antonio, TX

Martinez Street Women's Center (Promotora Program) (210) 534-6638

Services: Work focuses on women and girls on Southeast & East sides of San Antonio. The Community Health Promotora Program meets urgent needs by increasing access to preventative health services & enhancing the knowledge & awareness of health issues. Host clinics: breast exams or health screenings, mammogram referrals. Sex education, Nutrition & Fitness, Prenatal Yoga, onsite free counseling & consult with doctors on their medical needs. Serve as a one-stop shop for individuals with immediate basic needs, connecting community members to food pantries, domestic violence shelters, financial support for utilities, opportunities for housing, & more. Also, provide some fresh produce.

Hours: Mon-Fri, 9a-5p

Area(s) Served: Bexar

Fees: none

Eligibility Requirements: All services are open to the public

New Braunfels Housing Authority 830-625-6909

Services: Affordable housing services including Section 8 housing.

Eligibility/Fees: The New Braunfels Housing Authority request that interested individuals contact the agency for eligibility information.

300 Laurel Lane New Braunfels, TX 78130

Project QUEST 210-270-4690

Services: Evaluation of candidate aptitudes and interests, job matching, certified training on technical skills required for job success, support services and comprehensive counseling to develop life skills, job readiness, and assistance with tuition and books.

Eligibility/Fees: Must be 18 years of age or older. A United States citizen committed to going to school full time (12 or more college credits), graduating and willing to take a job post-graduation. This program is for individuals who do not have college degree and are seeking one. Please call for more information.

515 S.W. 24th St., 2nd Floor San Antonio, TX 78207 www.questsa.org

SAMMinistries 210-340-0302

Services: SAMM offers families transitional housing through individual homes in San Antonio, as well as its Transitional Living and Learning centers (TLLC). SAMM offers 25 families transitional housing through individual homes in San Antonio. The TLLC is a residential facility for up to 40 homeless families who show a commitment to gaining self-sufficiency. The individual needs of family as a whole. SAMM's Transitional program assists families for up to two years on their path to self-sufficiency.

Eligibility/Fees: Family must have custody of at least one minor child. Must complete a criminal background check. Head of household must be working or attending school for at least 30 hours per week. Must meet with case managers regularly to establish short and long-term goals. Must attend weekly life skills classes in money management, parenting, conflict resolution, etc. Family must have a steady source of income. Program fee is \$100 per month, and half of utilities are paid by resident.

5922 Blanco Rd San Antonio, TX 78216

Salvation Army Hope Center/Emergency Shelter for Women and Children (210) 352-2046

Provides emergency shelter for women and single parents with children and intact families. Provides intake assessment, daily case management, parenting and life skills, and a clean facility with launderette. Shelter for 10 days, 3 meals a day.

Hours: Always available

Area(s) Served: Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina, Wilson

Fees: No fees

Application Process: 3p on weekdays; anytime on weekends; fill out intake card

Eligibility Requirements: Must be 18 years of age or older

Salvation Army/Goslinowski Social Services Center (Metropolitan Area Command) (210) 352-2000

Provides clothing vouchers, emergency food assistance, rent and utility assistance. Also Emergency & Disaster Services. Only the final \$100 of the bill will be paid. If bill is over \$100, client will be required to complete the co-payment before a check will be processed. Will be required to come in to complete consent form for CPS. Only take 8 to 10 appointments a week.

Hours: Mon-Fri, 9a-12noon and 1p-5p

Area(s) Served: Bexar

Target Group: low income

Fees: No fees

Application Process: Make an application for assistance; obtain required documents; process through a case worker

Eligibility Requirements: Must provide ID, Social Security card, proof of residence, and proof of income or assistance if any; must also provide their metered bill

San Antonio Christian Dental Clinic 210-220-2300

Services: Affordable dental care for those unable to pay for services.

Eligibility/Fees: No fees except for supplies for dentures, crowns and lab work. Eligibility is determined according to the Federal Poverty Guidelines. Donations are accepted. Please call for all eligibility requirements.

1 Heaven for Hope Way, Bld. #1, Ste 400 San Antonio, TX 78207
www.sachristiandental.org

San Antonio Food Bank (SAFB) (210) 337-3663

(SAFB) provides food and grocery products to more than 500 partner agencies in 16 counties throughout Southwest Texas. The SAFB relies on the generosity and support of local businesses, churches, foundations, corporations, government, civic groups and individuals in order to successfully continue serving Southwest Texans who are at risk of going hungry. We strive to maintain the highest standard of efficiency while providing food to those in need. 98% of donated resources go directly to food distribution programs. The SAFB has consistently received the highest 4-star rating from Charity Navigator. Also offers Daisy Care and a program that assists struggling families & individuals with pet food assistance for their pets.

Hours: Mon-Fri 8-5

Area(s) Served: Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina, Wilson

Eligibility Requirements: Low income

San Antonio Housing Authority 210-477-6262

Services: SAHA maintains public housing units throughout San Antonio, Units are available to eligible low-income families, seniors and people with disabilities. SAHA participates in the Section 8 Choice voucher program. SAHA also owns and/or manages complexes that offer subsidized or non-subsidized affordable housing for moderate-income individuals and families. **Eligibility/Fees:** Rent at the public housing units is calculated based on monthly income or is offered as a flat rent. Actual rents, income limits and guidelines for affordable properties vary by site. Current income limits for public housing are available on the SAHA website. The waiting period for a unit can range from 3 to 24 months, depending on availability. Applicants interested in affordable housing should contact the site directly for an application since eligibility varies. Many sites have open units available; however, the wait time is subject to availability. Please call for more information.

818 S. Flores St San Antonio, TX 78204 www.saha.org

South Texas Rural Health Services Inc.

South Texas Rural Health Services Inc. - Pearsall Clinic
150 Medical Dr.
Pearsall, TX. 78061
(800) 788-6950

South Texas Rural Health Services Inc. Dilley Clinic
606 W Leona St
Dilley, TX 78017
(800) 788-6950

South Texas Rural Health Services Inc. - Devine Clinic
1010 W Hondo Ave
Devine, TX 78016

South Texas Rural Health Services Inc. - Carrizo Springs Clinic
902 S 5th St
Carrizo Springs, TX 78834
(800) 788-6950

South Texas Rural Health Services Inc. - Hondo Clinic
2912 Ave E
Hondo, TX 78861

South Texas Rural Health Services Inc. - Cotulla Clinic
105 S Stewart St
Cotulla, TX 78014

St. Vincent De Paul 210-225-7837

Dining Room Hours: Monday through Saturday 7 a.m.-7:30 a.m., 12:30 pm-1 p.m. and 4:45 p.m.; Sunday 7:30 a.m.-8 a.m., 4 p.m. -4:30 p.m.

Services: Provides referrals to local churches and agencies that provide emergency financial assistance and food assistance. The St. Vincent de Paul dining room provides food for people who are homeless or hungry.

Eligibility/Fees: Persons in need of food assistance should call St. Vincent de Paul for a referral. Clients must live within the Catholic parish area where they are applying for food assistance. Please call for all eligibility requirements.

Texas Rio Grande Legal Aid (TRLA) - San Antonio (210) 212-3700

A nonprofit organization that provides free legal services to low-income & disadvantaged clients in 68 Texas counties, including Bexar County and surrounding areas. Mission is "to promote the dignity, self-sufficiency, safety & stability of low-income Texans by providing high quality legal services & related educational services." Emergency Intake: Applicants from Bexar and surrounding counties (Atascosa, Bandera, Comal, Crockett, Edwards, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Kimble, Medina, Real, Sutton, and Wilson counties) with emergency legal problems may call the San Antonio TRLA office for an emergency appointment at (210)212-3700 or toll free at 1-(800)369-0356. *Emergencies: applicants may call for an emergency appointment. Emergencies are generally defined as situations where the caller has an administrative hearing, court hearing, or trial within 72 hours (3 days.) Emergencies may also exist where significant rights are in danger of being lost if action is not take within 72 hours (3 days).

Hours: Mon-Fri, 8a-5p

Area(s) Served: Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina, Wilson

Fees: Client pays filing fees to court when required

Application Process: By telephone

Eligibility Requirements: Must meet income eligibility requirements (125% FPL)

United States Citizenship and Immigration Services 1- 800-375-5283

Green card Renewal, Replace lost or stolen documents, US Citizenship Application, US Visa application, Immigrant Petition Family Green Card, Adjustment of Status, Application for Travel Document

Hours: Call for information

Area(s) Served: Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina, Wilson

Target Group: immigrants

Fees: Fees vary

Application Process: Call for appointment

Eligibility Requirements: Vary for type of benefits sought. The San Antonio District encompasses 78 counties in central and south Texas.

University Health System/Family Health Center - North & Texas Diabetes Institute - North (210) 358-0850

Family medicine, pediatrics, well-child checkups, immunizations, behavioral health, family planning, and physical therapy. Radiology & laboratory services available on-site. On-site health education for diabetes management, nutrition, weight loss, exercise, cancer risk reduction, hypertension, cholesterol management, asthma management, family planning for both men and women, and healthy living classes. Welcome visitors to San Antonio.

Hours: Mon-Thurs, 8a-8p; Fri, 9a-4p; Sat 8a-12 noon

Area(s) Served: Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina, Wilson

Eligibility Requirements: low income, no medical insurance

University of Texas Health Science Center at San Antonio Dental School 210-567-3160

Services: Wide range of dental treatments & oral health services for adults & children. The Dental School offers three separate programs & a Student Clinic. A student under supervision performs services in the Student Clinic. Treatment may include periodontal therapy, restorations, bridges, endodontics, partials or dentures among others.

Eligibility: At the Student Clinic, a “screening appointment” is given to identify the services/treatments needed. Following that appointment, students select the patient. The selection process takes into account how your oral health needs match a group of patients the student is treating. Some oral health problems may be too complex for students; if this is the case, you will be referred to a graduate or specialty clinics. Fees must be paid in cash, check or credit card at time of service. Please call for more information.

VIA Metropolitan Transit/Reduced Fares 210.362.2020

Discount bus & streetcar fare are available for the following: Senior Citizens (62 and older); Students; Persons with certain disabilities; Medicare recipients; Veterans who hold a disability rating for aide and attendance, housebound or permanent and total disability rating at the 100% level; Children 5-11. Children 4 and under ride free. **Reduced Fare ID:** A VIA Reduced Fare ID is required and must be presented when boarding in order to reduce fares or use discounted passes. **Senior Citizens** may ride in prime time (M-F 9a-3p) for \$.25 & FREE on weekends. Also 1/2 price fare any time. **How to get a Reduced Fare ID:** Senior Citizens, Medicare Recipients, & Disabled Veterans can obtain their Reduced Fare ID at VIA’s Information Centers, except Randolph and Ingram. Senior citizens who are 62 years or older must present a government-issued ID with date of birth (state ID, driver’s license, veteran’s ID or passport). Medicare recipients must present a valid Medicare Card and government issued ID. Veterans must have written documentation from the Department of Veterans Affairs verifying their disability rating. Persons with certain disabilities can download the Reduced Fare application, or acquire one from VIA’s Information Centers. Elementary, JH & HS students can obtain forms through their administrator’s office. College students should contact their Bursar’s office.

Area(s) Served: Bexar

Workforce Solutions Alamo/Child Care Services (CCS: Bexar County residents may contact COSA at (210) 272-3260 or www.sanantonio.gov. Residents of the 11 rural counties may contact AADC at 1-800-204-7905

Workforce Solutions Alamo administers Child Care Services (CCS) funding to the 12 county region, including Bexar County, serviced by the City of San Antonio (COSA), and the 11 surrounding rural counties, serviced by the Alamo Area Development Corporation (AADC). CCS helps parents pay for child care while they work, go to school, or participate in job training to become self-sufficient. Those eligible for child care assistance include: parents receiving TANF; parents with low income who are working or who are in school. General Program Information: Parents who receive CCS assistance are required to pay a portion of their cost of care with the exception of those parents who are receiving TANF and participating in the CHOICES program. The amount of payment is based on the parent's gross income and the number of children receiving care. Families must be working or in school or training in a target occupation for a minimum of 25 hours per week for a single parent household and 50 hours for a two parent household in order to be eligible for service. You may also inquire about subsidized childcare & submit a CCS Information Form at any of the Career Centers.

Area(s) Served: Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina, Wilson

Eligibility Requirements: low-income parents, working or attending school

WORKFORCE SOLUTIONS

Workforce Solutions Career Centers, offer a wide array of no-cost workforce services.

Job seeker services include:

- **Job matching and referral**
- **Job development and placement assistance**
- **Career counseling**
- **Information on available training providers and programs**
- **Information and referral to available community resources for services such as childcare, transportation and housing assistance**
- **Financial assistance for training for qualified individuals**
- **Self-administered interest and aptitude tests**
- **Job search workshops on resume writing, job applications, conducting an effective job search and more**

Here job seekers will find up-to-date job postings, access to computers and the Internet, resume-writing software, copiers, printers and telephones. They can create a resume, print it and fax it to potential employers.

WORKFORCE SOLUTION ALAMO

- **ATASCOSA COUNTY**-Pleasanton TX. 830-569-4702
- **BANDERA COUNTY**-Bandera TX. 830-796-6164
- **BEXAR COUNTY**- E. Houston 210-581-0190; Hillcrest210-438-8057; S. Flores210-928-3985; Marbach210-436-0670; Walzum210-822-7640
- **COMAL COUNTY**- New Braunfels TX. 830-629-2010
- **FRIO COUNTY**- Pearsall TX. 830-334-4464
- **KENDALL COUNTY**-Boerne TX. 830-249-9229
- **KERR COUNTY**-Kerrville TX. 830-257-3171
- **MEDINA COUNTY**-Hondo TX. 830-426-3611
- **WILLSON COUNTY**-Floresville TX. 830-393-0405

WORKFORCE SOLUTION MIDDLE RIO GRANDE

- **DIMITT COUNTY**-Carrizo Springs TX. 830-876-3533
- **KINNY COUNTY**-Brackettville TX. 830-774-4741
- **LA SALLE COUNTY**-Cotulla TX. (Satellite office) 830-879-3053
- **MAVERICK COUNTY**-Eagle Pass TX. 830-773-1191
- **UVALDE COUNTY**-Uvalde TX. 830-278-4491
- **ZAVALA COUNTY**-Crystal City TX. 830-374-2308

YMCA 210-534-9622

Services: Child development services, infant and toddler care, preschool programs, afterschool and summer programs, childcare center, early-on school readiness, and parental skills training.

Eligibility/Fees: Serves families and children at risk of poverty. Please call for all eligibility requirements.

HOTLINES AND HELPLINES

Alcoholics Anonymous- Helps people overcome their problem with alcoholism, 210-828-6235

Alamo Service Connection- Services for Senior Citizens and those with disabilities, 210-477-3275

American Red Cross- Provide support and assistance to the military stationed in and around San Antonio, 210-224-5151

Battered Women & Children's Shelter Crisis Line- Provides the necessary tools for self-sufficiency through the delivery of emergency shelter, transitional housing, education, effective parenting education, and early intervention with children and youth, 210-733-8810

Center for Health Services Crisis Line- Improves the lives of people with mental illness, substance abuse challenges and developmental disabilities, 210-223-7233, 1-800-316-9241

Emergency Police/Fire/EMS, 911

Foster Youth Justice, Legal assistance for current and former foster youth, 1-877-313-3688

Mid-Coast Family Services: Domestic Abuse- Outreach, screening, assessment and referral services for adults and youth who have been affected by alcohol and drug abuse, 1-800-870-0368

Narcotics Anonymous, 1-800-221-9091

National Homeless Veterans Hotline- Intended to assist homeless Veterans and their families, VA Medical Centers, federal, state and local partners, community agencies, service providers and others in the community, 1-877-424-3838

National Veterans Suicide Prevention Hotline- Connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text, 1-800-273-8255

Rape Crisis Line- Provide comprehensive services to victims of sexual assault and their families, and to conduct sexual assault prevention and education programs to youth, 210-34973

Runaway Hotline- Serves as the federally designated national communication system for runaway and homeless youth, 1-800-RUNAWAY or 1-888-580-HELP

Texas Abuse Helpline- Provides this secure website for reporting suspicions of abuse, neglect, and exploitation of children, adults with disabilities, or people who are elderly (65 year or older), (800)-252-5400

TRLA/Equal Justice Center Wage Recovery- Helps low income workers recover unpaid wages, 210-308-6222

United Way Hot Line- Committed to helping Texas citizens connect with the services they need, 211



I _____ acknowledge that I have received and understand the Resource Directory provided to me by the Migrant Education Program at ESC-20. I further understand that this directory and its content was given to me as a resource and that ESC-20 does not promote in agency above others.

Signature _____

Date _____

General Talent Release

Talent or individual is hereby known in this document as "independent contractor"

I, _____ give ESC-20 permission to utilize any pictures or video of my
(Parent/Guardian)
Child/(ren) to promote the Migrant Education Program. This may include program website.

District: _____

Title of Program: Migrant Education Program

Date(s) of Use: Photo, Videotaping & Web Site

The independent contractor allows Education Service Center, Region 20 to use his/her name and image (still, motion and video) in connection with the promotion and production of the program titled above.

The independent contractor hereby waives any right that he/she may have to inspect and or approve the finished product.

The independent contractor hereby releases, discharges and agrees to save Education Service Center, Region 20 and authorized personnel from any liability that may occur in the taking of said pictures or audio.

The independent contractor waives all residual rights or claims, monetary or otherwise that might arise due to lawful use of the program as contracted.

Print name clearly: _____

*Signature: _____
*(Parent or Guardian must sign if under 18 years old)

Date: _____



Yo _____ reconozco el haber recibido y entendido el Directorio de Recursos proveído por El Programa Educativo Migrante de ESC-20. Al igual, entiendo que este directorio con su contenido me fue dado como un recurso y que ESC-20 no promueve una agencia sobre otra.

Firma _____

Fecha _____

Liberación General de Talento

Talento o individuo es conocido en este documento como "contratista independiente"

Yo _____ doy permiso a ESC-20 en tomar fotografías, video grabar y usar la
(Nombre del Padre/Guardián)
página de web ESC-20 en promover el Programa Educativo Migrante con mis hijos.

Distrito: _____

Título del Programa: Programa Educativo Migrante

Fecha(s) de Uso: Fotografía, Videograbación & Pagina de Web

El contratista independiente permite al Centro Educativo, Region 20 el uso de su nombre e imagen (fotograma, moción y video) en conexión con la promoción y producción del programa ya mencionado.

El contratista independiente renuncia a todos sus derechos el cual tengan de inspeccionar y o aprobar el producto terminado.

El contratista independiente por la presente descarga y está en acuerdo de salvar al personal autorizado del Centro Educativo, Region 20 de cualquier responsabilidad el cual pueda suceder en la elaboración de dichas fotografías o audio.

El contratista independiente renuncia todos los derechos residuales o reclamaciones, monetarias o de lo contrario que pudiera surgir debido al uso legal del programa como contratado.

Nombre: _____

*Firma: _____
(Padre/Guardián)

Fecha: _____