



ALAMO COLLEGES DISTRICT
San Antonio College



FAMILY ENGAGEMENT
EDUCATION SERVICE CENTER • REGION 20



Parent Leadership Academy

Fall 2018

The Parent Leadership Academy is a collaborative partnership of the Alamo Colleges, San Antonio College, Education Service Center, Region 20 Family Engagement Program, and San Antonio ISD Family Engagement Department, to enhance family engagement in the education of their families. The Parent Leadership Academy is free and open to parents interested in becoming a parent leader and advocate for the family and community.

PARENT LEADERSHIP ACADEMY

The purpose of the Parent Leadership Academy is to empower parents to have a leadership role in the education of their families, and become active education advocates in the community. The Parent Leadership Academy will also serve to increase access and knowledge to a college going culture.

CORE VALUES:

- Parent Leadership Sustainability
- Parent Advocacy for Education

OUTCOMES:

- Parents/guardians/caregivers will learn the value of family and community engagement to support increased student learning.
- Parents/guardians/caregivers will develop leadership skills to empower them in the education of their children and families.
- Parents/guardians/caregivers will become a parent support system and connect to other educational and community resources.
- Parents/guardians/caregivers will learn to navigate and partner with the school system to become better advocates for their families (elementary, middle school, high school and higher education).
- Parents/guardians/caregivers will promote a college going culture.
- Parents/guardians/caregivers will apply and build on their new skill set through their involvement in school/community activities, and mentor new parents to promote the Parent Leadership Academy and further impact families.

Parent Leadership Academy Requirements:

- Attend required Orientation on Saturday, September 15th 9:00 a.m.—12:00 p.m. at Education Service Center, Region 20 (ESC-20).
- Attend required Mid-Point gathering on Saturday, October 27th 9:00 a.m.—2:00 p.m. at San Antonio College.
- Attend required closing session on Friday, November 30th 9:00 a.m.—2:00 p.m. at ESC-20.
- Attend 5 other required Parent Leadership Courses as per scheduled.
- Complete 2 elective classes from ESC-20 as per scheduled.
- Create a portfolio that highlights your learning from the Parent Leadership Academy and share your portfolio during the closing session.
- Attend required Graduation Ceremony on Thursday, December 13th 5:30 p.m.—7:30 p.m. at Education Service Center, Region 20.

To apply for the 2018 Fall Parent Leadership Academy:

1. Submit the application online at <http://bit.ly/plafall2018>
2. Email or fax the attached application to kimberly.baumgardner@esc20.net or sgarza16@saisd.net or lcasas1@saisd.net or fax to 210-370-5755.
3. **Deadline to apply is Wednesday, September 12th.**

For more information:

Kimberly Baumgardner
kimberly.baumgardner@esc20.net
(210) 370-5431

Lizet Casas
lcasas1@saisd.net
(210) 554-2214

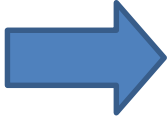
Selene Garza
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(210) 554-2217

Lenell Clay
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Fall 2018 PARENT LEADERSHIP ACADEMY

<p>Wednesday, October 17th 9:00 a.m.—3:00 p.m. 1 hour lunch break on your own provided</p>	<p>COVEY: The 7 Habits of Highly Successful Families</p>	<p>The 7 Habits of Successful Families training offers a much-needed framework for applying universal, self-evident principles that enable family members to communicate their challenges and overcome them successfully together.</p>	<p>San Antonio College Visual Arts Center (VAC), Room 120</p>
<p>Saturday, October 27th 9:00 a.m.—2:00 p.m. Lunch Provided</p>	<p>Mid-Point Gathering</p>	<p>During the mid-point gathering, you will learn about your leadership and communication style, develop a leadership plan, and set goals. The mid-point gathering will also focus on connecting with others.</p>	<p>San Antonio College Visual Arts Center (VAC), Room 120</p>
<p>Tuesday, November 6th 6:00 p.m.—7:30 p.m.</p>	<p>Strengthening Academic Success Outside of the Classroom</p>	<p>Life happens and sometimes we need a reminder on how to keep things balanced and on track. This course will provide participants with resources and strategies to support the strengthening of student academic skills outside of the classroom setting and help parents reinforce these strategies as well as apply them in their own lives.</p>	<p>SAISD Pickett Academy Cafeteria 1931 E. Houston St.</p>
<p>Tuesday, November 13th 6:00 p.m.—8:00 p.m.</p>	<p>My Role in the Community as a Parent</p>	<p>In this session, parents will learn to connect with community resources. This session will also teach parents skills to advocate for education within their community.</p>	<p>SAISD Pickett Academy Cafeteria 1931 E. Houston St.</p>
<p>Friday, November 30th 9:00 a.m.—2:00 p.m. Lunch Provided</p>	<p>Closing Session **Portfolios Due**</p>	<p>The closing session will consist of final evaluations, sharing affirmations and new learning. You will also share your portfolio with the cohort.</p>	<p>Education Service Center, Region 20 Hickory/Laurel Rooms (2nd Floor)</p>
<p>Thursday, December 13th 5:30 p.m.—7:30 p.m.</p>	<p>Parent Leadership Academy Graduation Ceremony</p>	<p>The Parent Leadership Academy Graduation will celebrate parents' success & learning!</p>	<p>Education Service Center, Region 20 (ESC-20) 1314 Hines Avenue in the Frederick Maples Conference Center Bexar Auditorium Rooms (1st Floor)</p>

Fall 2018 PARENT LEADERSHIP ACADEMY



ELECTIVE COURSES

You must at least select **2 Elective Courses** to complete your Parent Leadership Academy Requirements. All of the elective courses are held at the Education Service Center, Region 20 (1314 Hines Avenue, San Antonio, TX 78208).



You can attend the elective courses face to face or via webinar. You must register for these sessions through ESC-20's Connect 20 workshop management system at www.esc20.net. Click on Connect 20 and follow the steps to create an account and then search for the Session ID# and follow the steps to register.

1. Wednesday, September 12, 2018, 9:00 a.m.—12:00 p.m.

Parent Overview of Free Statewide Resources

The Texas Education Agency supports many free resources for parents. During this training, parents will have the opportunity to explore those resources created by statewide networks. Resource topics include Individual Education Plans (IEP), grading and progress monitoring, special education laws, specific disabilities, behavior support, assistive technology, transition and more. Bring your questions and let's find out where to locate the answers.

Session ID: 53073

Webinar Session ID: 53125

2. Wednesday, September 19, 2018, 9:00 a.m.—12:00 p.m.

Parent Information over RtI & Section 504

In order for parents to have the knowledge, skills and confidence to understand the educational setting and process of Response to Intervention (RtI) and Section 504, parents must have the information to empower them. This training will provide parents and community members with information about the RtI and Section 504 programs. Please join us to learn how both of these services can help qualifying students receive support to help them reach success in their areas of need.

Session ID: 53075

Webinar Session ID: 53162

3. Thursday, September 20, 2018, 9:00 a.m.—12:00 p.m.

Dares, Drugs and Dangerous Teen Trends

Are you really in the know about drugs, dares, and dangerous technology trends? This training is designed to increase drug, alcohol, and technology awareness for all members of the school community. Parents attending this training will learn the latest trends as well as dangerous apps and technology affecting the school community.

Session ID: 52666

Webinar Session ID: 53167

Fall 2018 PARENT LEADERSHIP ACADEMY

4. Wednesday, September 26, 2018, 9:00 a.m.—12:00 p.m.

Social Emotional Development in Preschool: Talking with Your Child

Young children’s social emotional development is vital to their overall well-being, affecting their success in school and their ability to learn in all subject areas. Join us as we explore strategies to encourage communication with children; a dynamic aspect of building relationships. Participants will experience conversation strategies that either promote or inhibit communication, learn how to use open-ended questions and observations with children, and how to converse with children to support social and emotional development. This will be an active learning, participatory training—come ready to have some fun!

Session ID: 53076

Webinar Session ID: 53168

5. Thursday, September 27, 2018, 9:00 a.m.—12:00 p.m.

Building Basic Reading Skills at Home- Make and Take Training

Join us for a fun, interactive and crafty training designed to guide you through creating engaging activities to support your child’s acquisition of basic reading skills. We will focus on the development of print concepts, phonemic awareness and phonics skills. This training is appropriate for parents with students in any grade level that require remediation for independent decoding. All materials will be provided.

Session ID: 53077

6. Wednesday, October 3, 2018, 9:00 a.m.—3:30 p.m. (1 Hour Lunch Break Provided)

The 7 Habits of Successful Families

It’s no secret that many families today are in trouble. The 7 Habits of Successful Families training offers a much-needed framework for applying universal, self-evident principles that enable family members to communicate their challenges and overcome them successfully together.

In this training, parents will learn to:

- Apply an “Inside-Out Approach” to problem solving and goal creation;
- Resolve differences in marriage and family relationships by creatively cooperating together;
- Establish a better work/life balance;
- Become more effective in raising emotionally healthy and empowered children;
- Employ the skills of Empathic Listening and synergy; and
- Learn to effectively discipline and motivate children.

Session ID: 53078

7. Thursday, October 4, 2018, 9:00 a.m.—12:00 p.m.

Bridging the Math Gap Between School and Home (Kindergarten—Grade 2)

In this training, participants will learn how to help their child by bridging the math concepts taught in school to home life. Hands-on activities will be used to show how math is being learned in the classroom. The math will focus on developing number sense.

Session ID: 53079

Fall 2018 PARENT LEADERSHIP ACADEMY

8. Wednesday, October 10, 2018, 9:00 a.m.—12:00 p.m.

Parental Participation in Admission, Review and Dismissal (ARD) Meetings

Parents and guardians are essential members of the Admission, Review and Dismissal (ARD) committee. In this training, you will learn information needed to effectively participate in your child's ARD committee meeting. We will build a common understanding of the special education process, the roles and responsibilities within the committee to ensure you are able to fully participate in the decision-making process regarding your child's education.

Session ID: 53080

Webinar Session ID: 53169

9. Thursday, October 11, 2018, 9:00 a.m.—12:00 p.m.

Mindful Parenting

Have you ever said to a kid, "Why don't you just calm down?!" Of course you have; we all have! Being able to "just calm down" is actually a skill called self-regulation that requires a part of the brain called the prefrontal cortex. However, that part of a child's brain doesn't completely develop until he or she is in their early twenties. In addition, it doesn't just develop in positive ways on its own; instead, optimal development is completely dependent on a child being raised in a warm, loving language-rich home environment.

This interactive training will explore mindfulness activities for kids, and the type of language parents and teachers can use to foster children who will succeed academically, socially, and emotionally.

Session ID: 53081

Webinar Session ID: 53170

10. Tuesday, October 16, 2018, 9:00 a.m.—12:00 p.m.

Parenting in the Digital Age

Our children's access to technology can both empower and endanger them. Come to this training to learn what to look out for as parents in your child's digital interactions. What is reasonable in usage? How do you find out about apps, games and websites? Should children and teens have social media accounts? How should you handle cyberbullying?

You will leave this training with practical advice and tools to assist you in your role as a 21st Century parent!

Session ID: 53082

Webinar Session ID: 53172

11. Wednesday, October 17, 2018, 9:00 a.m.—12:00 p.m.

Inspirational and Empowering Positive Behavior Supports for the Home

This training will provide positive and effective ways to support behavior in the home that are both empowering and inspiring.

Session ID: 53083

Webinar Session ID: 53173

Fall 2018 PARENT LEADERSHIP ACADEMY

12. Saturday, October 20, 2018, 9:00 a.m.—12:00 p.m.

Families Talking Together

Families Talking Together (FTT) is a parent-based program focusing on improving parent-child communication and is effective in delaying sexual initiation and preventing risky sexual behavior among middle-school-aged youth (10-14 yrs.). This training will offer tips and group discussions on getting the conversation started, monitoring/supervision, and helping enhance your child's refusal skills. This interactive training is offered by Healthy Futures of Texas.

Session ID: 53084

13. Tuesday, October 23, 2018, 6:00 p.m.—8:00 p.m.

What Parents Need to Know About Human Trafficking

Note: Children ages 8+ are able to attend this training with their family.

In this training, parents will learn what traffickers look for and how they approach victims. Myths versus facts will be discussed about human trafficking in the United States along with how trafficking happens, who it happens to and who are the victims. You will learn the signs that indicate your child may be in danger and how traffickers target youth at school and in any home.

Session ID: 53085

14. Thursday, October 25, 2018, 9:00 a.m.—12:00 p.m.

Bullying: Tips for Parents

Never before in history have parents had to face so many challenges when raising their children. Bullying is a serious issue and becoming more prevalent in schools today. Learn the characteristics of someone being bullied and how to recognize signs of students who bully. This training will provide participants with early intervention techniques to help prevent bullying, which one day may save your child.

Session ID: 53086

Webinar Session ID: 53175

15. Friday, November 2, 2018, 8:30 a.m.—2:00 p.m. (Lunch Provided)

Cost: \$15

Family and Community Engagement Symposium

***Register at www.esc20.net/parentresources**

The Family and Community Engagement Symposium provides parents, foster parents, grandparents, and other caregivers, along with educators and other school district personnel information that promotes student success through family engagement.

Sessions include topics such as: home-school relationships; family engagement; social and emotional issues; understanding school systems; and community resources.

Fall 2018 PARENT LEADERSHIP ACADEMY

16. Tuesday, November 6, 2018, 9:00 a.m.—12:00 p.m.

Focus on the 3E's: Eating Right, Exercise, and Education

Discover how planning and serving nutritious meals and snacks, engaging in physical activity, and encouraging a healthy learning environment at home can assist you and your family in achieving your wellness goals. This hands-on class will give you the tools and resources you need to make better choices and teach your children healthy habits for life.

Session ID: 52167

Webinar Session ID: 53176

17. Wednesday, November 7, 2018, 9:00 a.m.—12:00 p.m.

Unorganized, Unfocused, and Unprepared: The Impact of Executive Functioning Skills in the Classroom

Does your son or daughter have trouble organizing work, completing tasks, managing materials, managing time, paying attention or have social difficulties? These are all cognitive skills that are referred to as Executive Functioning Skills. Executive Functioning Skills greatly impact children's achievement and are often an associated feature of developmental or learning disabilities, or caused by a mismatch between a child's neuro-developmental stage and the demands of their environment. This training will focus on ways in which parents and teachers can use appropriate strategies to support children's developing executive skills, while helping improve academic performance.

Session ID: 53087

Webinar Session ID: 53177

18. Saturday, November 10, 2018, 9:00 a.m.—12:00 p.m.

Trauma Informed Responses

This training will discuss how adults can begin to understand the role of trauma, its effects on children and learning. This training will also discuss effects of how and when adults change their methods of interacting and responding to children that have been impacted by trauma that will build, nurture and foster healthy relationships.

Session ID: 53088

19. Wednesday, November 14, 2018, 9:00 a.m.—12:00 p.m.

STAAR Accommodations and You

During state assessments for STAAR, certain accessibility features and accommodation resources may be provided to students based on their needs. In general, these procedures and materials are available to any student who regularly benefits from the use of them during instruction. Come join us for an in depth review of the accommodations approved for use with STAAR. This training will also specifically address what accessibility features and designated supports are allowable for students receiving Section 504 and special education services.

Session ID: 53089

Webinar Session ID: 53178

Fall 2018 PARENT LEADERSHIP ACADEMY

20. Thursday, November 15, 9:00 a.m.—12:00 p.m.

Early Childhood Parent Toolkit

Join us as we explore the NEW ESC-20 Early Childhood Parent Plus+ Toolkit! Parent Plus + is an engaging set of activities for parents to use in playful learning with their preschool aged children. This training will train PARENTS to become actively involved in learning how to enhance student engagement with playful learning activities in the home setting. The kit includes activities aligned with the Pre-Kindergarten Guideline standards in math, reading, writing, and language development.

Session ID: 53090

21. Wednesday, November 28, 9:00 a.m.—12:00 p.m.

My Child Doesn't Talk

This training will introduce participants to the various options to help support their child that has complex communication needs or limited language. We will review the common misconceptions that surround using augmentative and alternative communication (AAC) as well as look at strategies and resources that can be used at home that can aid in building communication with their child.

Session ID: 53091

Webinar Session ID: 53179

22. Thursday, November 29, 9:00 a.m.—3:00 p.m.

Parenting the Love & Logic Way

Love and Logic is an approach to raising children that provides loving support from parents while at the same time expecting children to be respectful and responsible. Love allows children to grow through their mistakes. Logic allows them to live with the consequences of their choices. Love and Logic is easy to use, raises responsible children, and changes lives. By attending this training, you will learn to use humor, hope, and empathy to build up your adult-child relationship, provide real limits in a loving way, and learn how to teach consequences and healthy decision-making.

Session ID: 53092

23. Tuesday, December 4, 2018, 9:00 a.m.—12:00 p.m.

Rights of Parents of Children with Disabilities & Knowledge of Procedural Safeguards

The Individuals with Disabilities Education Act (IDEA) provides procedural safeguards that are designed to protect the rights of a parent and their child with a disability and at the same time, give families and school systems several mechanisms by which to resolve disputes. This training will build a common understanding of these rights inclusive of parent access to student educational records, parent rights to participate in groups and meetings where decisions are made about their child's education, as well as parent notification requirements and situation specific safeguards.

Session ID: 53093

Webinar ID: 53180

Fall 2018 PARENT LEADERSHIP ACADEMY

You can also submit the application electronically at

<http://bit.ly/plafall2018>

Parent Leadership Academy Application

Name: _____

Email Address: _____

Cell Phone Number: _____

Place of Employment: _____

Job Title: _____

Name of your children's school.

Elementary School: _____ Grade: _____

Middle School: _____ Grade: _____

High School: _____ Grade: _____

School District: _____

Why do you want to participate in the Parent Leadership Academy?

Will you be able to complete the required courses? _____ Yes _____ No

Do you need Spanish interpretation? _____ Yes _____ No